



# WELLMAN ASSOCIATES

[www.wellmanassociates.co.uk](http://www.wellmanassociates.co.uk)

PROVIDERS OF

**Executive Coaching**

**Facilitation**

**Training and Development**

## Welcome to Wellman Associates...

We are here to help you produce extraordinary results in your lives, careers, businesses or organizations.

Through building strong client relationships, we can offer training and development, facilitation and executive coaching through proven methods. We challenge clients to think differently with a results driven and innovative service.

**Openness...integrity...energy...  
compassion...confidentiality**

**Your choice for professional or personal  
learning and development.**

## HOW WE WORK



**diagnose**

**design**

**deliver**

**de-brief**

results driven

**ENERGY**

innovative



"inspiring"

"encouraging  
team focus"

"enthusiasm  
& knowledge"

"challenging &  
motivational"

"providing the  
confidence to  
tackle difficult  
issues"

"an objectives  
focused coach"



## **Executive Coaching**

- Do you find yourself procrastinating?**
- Are there never enough hours in the day?**
- Are you apprehensive about a new role?**

One to one executive coaching is becoming more and more vital in today's competitive business world. By listening, contributing observations and questions and giving support, a coach can help executives to gain clarity and focus in order to ensure they have the tools to achieve their goals and be their best.



## **Facilitation**

- Does your organization or department understand the direction it is headed?**
- Are you confused about your competitive advantage?**
- Do you find you are working in silos rather than from a company perspective?**

We can help by guiding your thinking processes...

By working in partnership with you, we can offer both a practical and intuitive understanding of companies and individuals. We can help you to achieve focus and clarity for your business, to manage change, increase team or business effectiveness.



## **Training and Development**

- 93% of communication is not what we say but how we say it.**
- 80% of the results come from 20% of the effort**

Our immense success with our clients is a result of training and development programmes that:

- **Lead to sustainable and measurable change**
- **Are drawn from best research and thinking**
- **Are driven by business and organizational needs**
- **Aim for continuous growth and learning – no "one-off" solutions**
- **Capitalize on the "real life" experiences and diversity of the team**

### **Our successful services include:**

Executive coaching & mentoring, facilitation, strategy & change management, leadership & performance management, relationship & conflict management, career management, training the trainer, presentation skills, influencing & communication, time & stress management, diversity, team & sales effectiveness, surveys & focus groups.

**Contact us for more information:**

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